

PHARMACY UPDATE

Basaglar® is now a preferred product on Select Health's Preferred Drug List (PDL).

Basaglar (insulin glargine injection) is a long-acting human insulin analog that has an identical amino acid sequence as Lantus®. The safety and effectiveness of Basaglar is comparable to that of Lantus. While Basaglar is similar in efficacy to that of Lantus, the cost is comparatively lower.

For your consideration:

If your patients currently use Lantus, talk to them about Basaglar KwikPen®. Or if you have a newly diagnosed patient with diabetes, consider initiating therapy with Basaglar.

Basaglar does not require a prior authorization and will pay at point of sale.

For other drug updates:

Please visit our website at www.selecthealthofsc.com/provider/index.aspx for up to-date pharmacy information, including changes that are approved by the Pharmacy and Therapeutics Committee.

The following information is also available on our website:

- PDL updates.
- Drug recalls.
- Updated pharmaceutical management procedures.
- New prior authorization criteria and procedures for submitting a prior authorization.
- Pharmacy benefit restrictions or limitations.

Correction to the May newsletter: All brand opioid withdrawal products (e.g., Suboxone® films, Zubsolv® films, and so forth) will require a prior authorization request and the non-preferred medication criteria will apply. A MedWatch form does not have to be completed.

For questions, please call PerformRxSM Pharmacy Services at 1-866-610-2773.



Autism spectrum disorder (ASD) and psychiatric residential treatment facility (PRTF) services

Effective with dates of service on or after July 1, 2017, ASD and PRTF services will be part of the South Carolina State Medicaid Plan and covered by Select Health of South Carolina. For more information, visit the Select Health website: www.selecthealthofsc.com/provider/member-care/behavioral-health/autism-disorder.aspx or www.selecthealthofsc.com/provider/member-care/behavioral-health/psychiatric-facilities.aspx.

The Fraud Tip Hotline, 1-866-833-9718, is available 24 hours a day, seven days a week. It's secure and confidential. You may remain anonymous.

PROVIDER CHAMPION

We'd like to recognize and thank Chip Floyd, M.D., and all the providers and staff at **Beaufort Pediatrics**. Beaufort Pediatrics is a "HEDIS® hero," diligently performing outreach to meet its internal standard of quality and on-time care. Though it's a rural health clinic and does not qualify for Primary Care Access Program (PCAP) incentives, this practice goes above and beyond, calling their patients and sending cards to remind them of well visits and other care gaps.

"We want to foster a medical home for our patients," says Dr. Floyd. "While the benefit of a well checkup is obvious as far as screening for illness and tracking growth and development, the very positive result is a relationship. Our parents and patients know they have a trusted resource at every stage of childhood and adolescence."

Dr. Floyd often works with Select Health's Medical Director, Greg Barabell, on issues including appropriate use of antibiotic therapy. He and his staff participate in the Reach Out and Read program and provide books to patients. "We strongly encourage our parents to put down their cell phones, turn off video games, and read to their children. This leads to a win-win for everybody," he says.

The practice sponsors programs that support the area's children and their families, including the Beaufort Youth Orchestra, PALS Sports, the March of Dimes, Hope Haven, Girl Scouts, and Boy Scouts.

Beaufort Pediatrics has a designated Medicaid billing manager who stays on top of claims, third party liability, and trends. The staff takes the extra step of working with Select Health as we align our system with the latest state requirements and coding changes. This is just another way Beaufort Pediatrics is a collaborative partner in pediatric care.

BENEFIT UPDATES

The following changes go into effect July 1, 2017:

- **Elimination of prescription limit.** Adult members are no longer limited to four prescriptions per month.
- **Enhancements to the tobacco cessation benefit.** All U.S. Federal Drug Administration-approved tobacco cessation medication and individual group tobacco cessation counseling is covered for all members, with no copay and no prior authorization. Quantity limits will apply.

Smoking cessation products include:

- Zyban (generic bupropion): quantity limit of 60 per 30 days.
- Chantix (varenicline): quantity limit of 60 per 30 days.
- Nicotine gum: quantity limit of 480 pieces per 30 days.
- Nicotine lozenges: quantity limit of 480 pieces per 30 days.
- Nicotine patches:
 - 7 mg and 21 mg patches; quantity limit of 30 patches per 30 days.
 - 14 mg patch; quantity limit of 30 patches per 30 days.
- Nicotine nasal spray: quantity limit of three systems per 30 days.
- Nicotine inhaler: quantity limit of three systems per 30 days.

Living with Diabetes: "Ask the Experts" town hall

Receiving a diagnosis of type 2 diabetes can be overwhelming. Select Health and the American Diabetes Association (ADA) understand the issues commonly faced by people living with diabetes, and we are here for them.

In an effort to provide education and resources, the ADA is hosting free online educational series/town halls for people living with type 2 diabetes. Each town hall meeting will feature a 15-minute video, followed by a live 45-minute question-and-answer session with our diabetes experts to provide meaningful insights and tips.

*All events are ET (Eastern Time).

Nutrition basics:

Tuesday, July 18, 12 p.m.

Coping with Diabetes:

Tuesday, August 22, 1 p.m.

Blood Glucose for Beginners:

Wednesday, September 27, 1 p.m.

Grocery Shopping:

Tuesday, October 17, 3 p.m.

Introduction to Getting Active:

Thursday, November 16, 6 p.m.

Planning Meals:

Monday, December 18, 1 p.m.

Managing Stress:

Wednesday, January 24, 2018, 2 p.m.

Living Well and Getting Support:

Wednesday, February 21, 2018, 1 p.m.

*All events are Eastern time (ET).

Please share this information with your patients who have diabetes. Members can join our conversations **free of charge by visiting the ADA website at diabetes.org**. Click on the **Living with Diabetes** link and fill out the registration form for each event.

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The following combination therapies are also covered:

- Long-term nicotine patch plus other nicotine replacement therapy product (gum or spray).
- Nicotine patch plus nicotine inhaler.
- Nicotine patch plus bupropion SR.

Tobacco cessation counseling in individual and group settings is covered by Select Health. Coverage is limited to four sessions per quit attempt, for up to two quit attempts annually.

- **99406**: smoking and tobacco use cessation counseling visit; intermediate, greater than three minutes (up to 10 minutes).
- **99407**: smoking and tobacco use cessation counseling visit; intensive, greater than 10 minutes.
- Adult immunizations: The following vaccinations are covered for members age 19 and older:
 - Serogroup B meningococcal (MenB).
 - Measles, mumps, and rubella (MMR).
 - Varicella (VAR).
 - Measles, mumps, rubella, and varicella (MMRV).

When billing for vaccines for beneficiaries age 19 and older, the provider should bill for both the vaccine and the immunization administration code.

- Federally qualified health centers should **not** bill for immunization administration, but may bill for the vaccination in addition to an encounter code.
- **Circumcisions** will be covered for members' ages 0 – 6 months in office and inpatient settings without prior authorization, when performed by participating providers.
- **CenteringPregnancy**[®] — Following the recommended CenteringPregnancy model, up to 10 group clinical visits (increased from five visits) prior to delivery may be covered.

Free summer meals program

The Lowcountry Food Bank is conducting a Summer Meals Program for children and teens age 18 and under. This program is designed to provide healthy meals based on U.S. Department of Agriculture (USDA) nutrition guidelines. The meals will be served at sites such as schools and churches that may also offer learning and recreational activities — in an effort to provide fun, safe environments for children and teens to be active and visit with their friends. The goal of the program is to help families save money while eating healthy. There is no application or proof of income required, and the program is not limited just to the Lowcountry Food Bank service area. It is available across South Carolina and the nation, through the USDA.

To find available sites or for more information:

Text **FOOD** to **877-877** or call **1-866-348-6479** or **1-877-842-6273** or visit the Lowcountry Food Bank at **www.lowcountryfoodbank.org/find-help/free-summer-meals**.

Please share this information with any of your patients who you feel may benefit from this program.

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