

BE A SUPER HERO OF WELLNESS

BE FIRST CHOICE FIT®

**A SPECIAL INVITATION FOR
FIRST CHOICE PLAN MEMBERS.**

**DRESS UP AS YOUR FAVORITE SUPER HERO
AND COME CELEBRATE FITNESS WITH US!**

- Super hero costume contest for children ages 3 – 12 years.
- Special giveaways for children ages 3 – 12 years (while supplies last). Giveaways include super hero capes and masks.
- Games and fun fitness activities. Activities include hula hoop, corn hole, and more!
- Healthy snacks.
- Important family resources and support from Lowcountry Food Bank, Beaufort 1st Steps, Technical College of the Lowcountry, DHEC, and other local health and human service agencies.

**DATE: SATURDAY,
JUNE 2**

TIME: 9 A.M. TO NOON

**LOCATION:
Praise Assembly of God Church
800 Parris Island Gateway
Beaufort, SC 29906**

**Register in advance
by calling toll free:
1-888-676-9588**

BEING FIRST CHOICE FIT MEANS:

- Eating right.
 - Staying active.
 - Seeing your primary care provider — even if you haven't been sick.
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Getting your well visit each year is an important part of being First Choice Fit. To learn more about First Choice Fit, visit us at: www.selectthehealthofsc.com.

First Choice **FIT**

Healthy Connections 

Notice of Non-Discrimination

First Choice by Select Health of South Carolina complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. First Choice does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Communication Services

If your primary language is not English, free language services are available to you. We also provide aids and services to people with disabilities, free of charge. Call

1-888-276-2020 (TTY 1-888-765-9586).

Servicios de comunicaci3n

Si su idioma principal no es el ingl3s, los servicios de idioma gratuitos est3n a su disposici3n. Tambi3n brindamos ayuda y servicios de forma gratuita a personas con discapacidades. Llame al **1-888-276-2020 (TTY 1-888-765-9586).**

خدمات الاتصال

تتوفر لك خدمات لغوية مجانية إذا كانت لغتك الأساسية ليست الإنجليزية. كما نوفر مساعدات وخدمات مجانية للأشخاص ذوي الإعاقة. اتصل بالرقم **1-888-276-2020 (الهاتف النصي 1-888-765-9586).**

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FirstChoice
by Select Health of South Carolina
 *Your Hometown Health Plan*

Healthy Connections 

www.selecthealthofsc.com