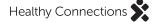


## Behavioral Health Utilization Management (BH UM) Guidelines for PRTF



## Admissions:

- 1. Age range: ages 6 20.
- 2. Functional impairments due to serious emotional disturbance:
  - Cannot follow instructions or navigate needs.
  - Unable to control behaviors.
  - Support system is abusive, high risk, will not participate in outpatient treatment, cannot maintain security and well-being of the member, or is not involved.
- 3. Symptoms:
  - Consistent for 6 12 months.
  - High risk of/or repeated hospitalizations.
  - Unable to be managed in the community as evident by symptoms, intensity of symptoms, or prior treatments.
  - Aggressive/anger outbursts.
  - Harm to self, others, or property.
  - Psychosis.
  - Fire setting.
  - Hypomanic.
  - Self-injury.
  - Not receptive to adult intervention.
  - Arrests or illegal activity.
  - Running away for more than one day.
  - Sexually inappropriate or offensive.

## **Continued stays:**

- 1. Continued high risk of hospitalization if discharged.
- 2. Recent symptoms:
  - Aggressive/assaultive/angry behaviors.

- Psychosis.
- Suicidal and/or homicidal with intent.
- Suicidal ideation without intent.
- Self-injury.
- Rule violation.
- Psychiatric medication resistance with symptoms escalating or continuing:
  - Anxiety.
  - Depression.
  - Hypomanic.
- Obsessive compulsive disorder:
  - Psychosis.
  - Running away or while on THT.
  - Sexually inappropriate behaviors.
- 3. Daily functioning:
  - Refusal or resistance to attending school.
  - Continuing to refuse to follow directions.
  - Poor or invasive boundaries that require frequent staff intervention.
  - Threatening to others.
  - Inability to establish positive relationships.
  - Repeated restrictions or loss of privileges.
  - Unable to follow directions or negotiate needs.
- 4. Treatment interventions within the past seven days:
  - Behavioral contract or management plan.
  - Clinical assessment required each day.
  - Therapy (individual, group, or family) three times within the week.
  - Psychiatric evaluation.

For questions, contact the Select Health BH UM department at **1-866-341-8765**.