

Behavioral Health Utilization Management (BH UM) Guidelines for PRTF

Admissions:

1. Age range: ages 6 – 20.
 2. Functional impairments due to serious emotional disturbance:
 - Cannot follow instructions or navigate needs.
 - Unable to control behaviors.
 - Support system is abusive, high risk, will not participate in outpatient treatment, cannot maintain security and well-being of the member, or is not involved.
 3. Symptoms:
 - Consistent for 6 – 12 months.
 - High risk of/or repeated hospitalizations.
 - Unable to be managed in the community as evident by symptoms, intensity of symptoms, or prior treatments.
 - Aggressive/anger outbursts.
 - Harm to self, others, or property.
 - Psychosis.
 - Fire setting.
 - Hypomanic.
 - Self-injury.
 - Not receptive to adult intervention.
 - Arrests or illegal activity.
 - Running away for more than one day.
 - Sexually inappropriate or offensive.
- Psychosis.
 - Suicidal and/or homicidal with intent.
 - Suicidal ideation without intent.
 - Self-injury.
 - Rule violation.
 - Psychiatric medication resistance with symptoms escalating or continuing:
 - Anxiety.
 - Depression.
 - Hypomanic.
 - Obsessive compulsive disorder:
 - Psychosis.
 - Running away or while on THT.
 - Sexually inappropriate behaviors.
3. Daily functioning:
 - Refusal or resistance to attending school.
 - Continuing to refuse to follow directions.
 - Poor or invasive boundaries that require frequent staff intervention.
 - Threatening to others.
 - Inability to establish positive relationships.
 - Repeated restrictions or loss of privileges.
 - Unable to follow directions or negotiate needs.
 4. Treatment interventions within the past seven days:
 - Behavioral contract or management plan.
 - Clinical assessment required each day.
 - Therapy (individual, group, or family) three times within the week.
 - Psychiatric evaluation.

Continued stays:

1. Continued high risk of hospitalization if discharged.
2. Recent symptoms:
 - Aggressive/assaultive/angry behaviors.

For questions, contact the Select Health BH UM department at **1-866-341-8765**.