



By [CONAN GASQUE](#)

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Spencer Scott, II has some pretty good basketball moves for a six year old, especially one with asthma.

He showed off those moves at the Healthy Hoops Pee Dee Challenge at South Florence High School Saturday, where he also leaned how to control his asthma. He says the chronic illness often makes it tough to play, but he loves the sport anyway.

"I like to play basketball because my daddy helps me play, and he'll play sports with me," said the six-year-old Scott.

His dad and sister – who also has asthma – joined him during Saturday's event, which was sponsored by Select Health of South Carolina and several other organizations. The challenge uses basketball as a way of teaching kids and their parents how to handle the illness.

South Florence junior varsity basketball coach John Schweitz was one of the instructors. He told kids about the dangers the illness can bring.

"If it's not taken care of and you don't have precaution," he said, "it could be something that could turn into something serious. But there are ways to deal with it."

Those ways include staying hydrated during athletic activity, keeping an inhaler on hand at all times, and knowing when to rest.

Terry Davenport with Select Health of South Carolina told kids if they follow these steps, then playing sports won't be a problem.

"What we're trying to do is show them that they can participate if their asthma is managed properly," she said.

Schweitz echoed that, adding that another goal of the event is to eliminate the stigma that kids with asthma can't play sports.

Scott says he doesn't let asthma hold him back anyway.

"I just keep playing," he said.

And his dad can breathe easier knowing the proper way to handle his son's illness.

About 200 kids participated in the event.

Saturday marked the first time the event has been held in Florence. It's also held in Charleston, Columbia, and Greenville.